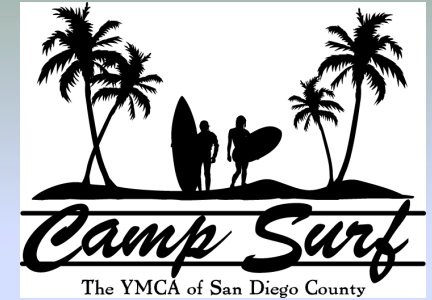


## Camp Surf Youth Group Adventures

# Parent Information

YMCA Camp Surf • 560 Silver Strand Blvd. • Imperial Beach, CA • 91932  
Phone: 619-423-5850 • Fax: 619-423-4141 • [www.camp.ymca.org](http://www.camp.ymca.org)



### Dear Parent,

YMCA Camp Surf welcomes you and your child to an unforgettable experience on the beach in Imperial Beach, California. There are a variety of activities to participate in such as surfing, volleyball, pier fishing, archery, body boarding and much more.

**Please help us make this a happy experience by following these guidelines:**

**Health Form with Waiver:** Please read and sign the "Camper Health History" Form for your child.. All adults in attendance will sign a separate "Release Waiver." **No one** will be allowed to participate at Camp Surf without a signed, unaltered waiver.

**Medications:** Ask your group leader if they want you to pack medications in your child's luggage or give them to the group leader.

**Emergency Contact:** In case of **Emergency Only**, the camp cell number is (619) 316-7637. For all other inquires and messages, the camp phone number is (619) 423-5850. YMCA Camp Surf staff are equipped to respond to emergency First Aid incidents, but further medical issues are the responsibility of the group leader.

**Camp Store:** The camp store will be open for a short time each day. Items vary in price from \$35.00+ for a sweatshirt, to \$15.00+ for a T-shirt, to \$.75+ for a snack.

Please do not allow your camper to bring the following items. *YMCA Camp Surf cannot be responsible for the damage or loss of any items brought to the camp. Leave expensive belongings at home.*

**What NOT to bring to camp:** fiberglass surfboards, skimboards, radios, CD players, tape players, TV's, food, knives, hair sprays/gel/mousse, hairstyling appliances, weapons of any sort, toys or any item of great value.

Our staff is committed to providing the very best experience possible for you and your child. If you have any questions, please don't hesitate to call or email us, or visit our website at [www.camp.ymca.org](http://www.camp.ymca.org). We thank you for the privilege of helping your child grow!

Here's to a wonderful experience!

Sincerely,

### Campers MUST bring:

- \_\_\_ Sleeping bag and pillow
- \_\_\_ Short sleeve/T-Shirts
- \_\_\_ Long pants and shorts
- \_\_\_ Toiletries & Towels
- \_\_\_ Warm shirts
- \_\_\_ Underclothing
- \_\_\_ Socks
- \_\_\_ Sweatshirts or sweaters
- \_\_\_ Bathing suit
- \_\_\_ 1 pair of sneakers
- \_\_\_ 1 pair of sandals
- \_\_\_ Flashlight & Extra batteries
- \_\_\_ Rain gear (rarely needed)
- \_\_\_ Sunscreen & a hat
- \_\_\_ Warm jacket or coat

### Optional Equipment:

Inexpensive or disposable camera, water bottle or canteen, stationary, stamps and envelopes, sunglasses, beach bag, reading material that would be permitted in school, notebook and pen, wetsuit, bodyboard.